Welcome!
Welcome to the Danville Family YMCA. As part of our YMCA family, we want you to feel safe and at home. If you have any questions, please feel free to ask any of our staff members for assistance.

Massage Therapy
Did you know that an hour massage can have the same effects on your body as a full night’s sleep? Come see for yourself with our Massage Therapy program! A variety of massage therapy techniques are available which are designed to improve health and well-being, with extra precautions being taken to stay safe with COVID-19. We offer convenient and affordable 30 and 60-minute massage sessions with our Licensed Massage Therapist, Kellie Duncan. A 30 minute session is $35 for Members and $45 for Non-Members, while a 60 minute session is $50 for Members and $60 for Non-Members. Sessions are by appointment only. Schedule an appointment by calling Kellie Duncan at (434)-228-3893.

Basketball Camps
Your child can learn the fundamentals of basketball this summer at the Y! We have not one, but TWO basketball camps coming up! One is from 6/28-7/2 and the other is from 7/26-7/30. Each camp is one week long and takes place from 7:30 AM until 5PM each day. They will teach kids the fundamentals of the game, among other fun activities as well! Price for registration per camp is $125 for Members and $150 for Non-Members. For more info, you can contact our Sports and Wellness Director Greg via email at gregory.hairston@ymcadanville.org. Register today!

Summer Swim Lessons
Swim lessons are back at the Y now, and just in time for summer! Our group youth lessons are designed to help kids of any and all ages and skill levels develop and improve their skills and become more conscious of safety around the water. Lessons are set up with specific schedules in mind, and are separated into two age groups for the best learning experience possible. We also have Parent-Tot lessons for our smallest students, and private lessons for a personalized, one-on-one experience with our instructors. We have a wide variety of lessons for all kinds of students! For more information, you can contact our Aquatics Director Kathy via email at kathy.contratto@ymcadanville.org for more info.

Childwatch is Back
We’re thrilled to announce that Childwatch services have resumed at the Y! Our staff will watch kids for up to two hours while you work out! Mon–Fri mornings from 8-11AM, and Mon–Thurs evenings from 5-7PM. Stop by our Front Desk for more info.

Group Exercise Your Way
Our indoor Group Exercise classes are just one of the many ways the Y is there for your fitness this summer! Stay up to date with our monthly schedule (available in paper form and on our mobile app) and find your new favorite class this summer!

YMCA Monthly Vitamin:
"Summertime is always the best of what might be" –Charles Bowden

Summer Student Memberships
College Students can get a three-month membership for $45! Stay healthy & engaged during the summer. Show your student ID to sign up!