

# Danville Family YMCA

## SPRING 2012 POOL SCHEDULE

<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THUR</b>	<b>FRI</b>	<b>SAT</b>	<b>SUN</b>
5:30-8:45 AM Lap Swim Only	6:00-8:45 AM Lap Swim Only	5:30-8:45 AM Lap Swim Only	6:00-8:45 AM Lap Swim Only	5:30-8:45 AM Lap Swim Only		
9-10 AM Water Aerobics	9-11 AM Open Swim (10:15-11) Aqua Zumba	9-10 AM Water Aerobics	9-11 AM Open Swim (10:15-11) Aqua Zumba	9-10 AM Water Aerobics	9-10 AM Water Aerobics	
10-11 AM Water Rehab		10-11 AM Water Rehab		10-11 AM Water Rehab	10-10:45 AM Swim Lessons	11-12:30 Lap Swim
11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	12:30- 3:15 PM Family Open Swim for Members Only	
1:30-2:30 PM Pool Maintenance	1:30-2:30 Ephiphany School Swim	1:30-2:30 PM Pool Maintenance	1:30-2:30 Ephiphany School Swim	1:30-2:30 PM Pool Maintenance		
2:30-4:00PM DCC	2:30-3:30 Pool Maintenance	2:30-4:00PM DCC	2:30-3:30 Pool Maintenan ce	2:30-3:30 PM Home School Swim (2 <sup>nd</sup> Fri of the Month)	3:30-5:45 Pool Rentals	1-3:15 PM Family Open Swim for Members Only
4:00-5:00PM Open Swim	3:30-4:30 Parks & Rec Lessons	4:00-5:00PM Open Swim	3:30-4:30 Parks & Rec Lessons	3:30-5:30PM Open Swim		
5:00-6:30PM Lap Swim Only		5:00-6:30PM Lap Swim Only		5:30- 6:30 Lap Swim Only		
6:30-7:15PM Swim Lessons	4:30-6:00 Open Swim	6:30-7:15 PM Swim Lessons	4:30-6:00 Family Swim	6:30-7:45 Youth Swim Lessons		
	6:00- 7:00PM Parent Tot		7:15-8:00 Swim Team Conditioning		6:00- 7:00PM Parent Tot	
7:30-9:15PM DCC Lifeguard Class	7:00-8:00 PM Water Aerobics	8:00-9:00PM Aqua Zumba	7:00-8:00 Water Aerobics	8:00-9:00 Adult Swim Lessons		
	8:00-9PM Master Swim Class		7:30-9:15 DCC Lifeguard Class			

**Adults must accompany their children under the age of 14 at all times.  
Lap swim is for lap swimming only.**