

Danville Family YMCA

WINTER 2012 POOL SCHEDULE

MON	TUES	WED	THUR	FRI	SAT	SUN
5:30-8:45 AM Lap Swim Only	6:00-8:45 AM Lap Swim Only	5:30-8:45 AM Lap Swim Only	6:00-8:45 AM Lap Swim Only	5:30-8:45 AM Lap Swim Only		
9-10 AM Water Aerobics	9-11 AM Open Swim (10:15-11) Aqua Zumba	9-10 AM Water Aerobics	9-11 AM Open Swim (10:15-11) Aqua Zumba	9-10 AM Water Aerobics	9-10 AM Water Aerobics	
10-11 AM Water Rehab		10-11 AM Water Rehab		10-11 AM Water Rehab	10-10:45 AM Swim Lessons	11-12:30 Lap Swim
11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	11:00-1:30 Lap Swim Only	12:30- 3:15 PM Family Open Swim for Members Only	
1:30-2:30 PM Pool Maintenance	1:30-2:30 Ephiphany School Swim	1:30-2:30 PM Pool Maintenance	1:30-2:30 Ephiphany School Swim	1:30-2:30 PM Pool Maintenance		3:30-5:45 Pool Rentals
2:30-4:00PM DCC	2:30-3:30 Pool Maintenance	2:30-4:00PM DCC	2:30-3:30 Pool Maintenance	2:30-3:30 PM Home School Swim <small>(2nd Fri of the Month)</small>	3:30-5:30PM Open Swim	1-3:15 PM Family Open Swim for Members Only
4:00-5:00PM Open Swim	3:30-4:30 Parks & Rec Lessons	4:00-5:00PM Open Swim	3:30-4:30 Parks & Rec Lessons	3:30-5:30PM Open Swim		
5:00-6:00PM Lap Swim Only		4:30-5:30 Open Swim	5:00-6:00PM Lap Swim Only	4:30-5:30 Family Swim	5:30- 6:30 Lap Swim Only	
6:00-7:30PM DAT Swim Team	5:30- 7:00PM DAT Swim Team	6:00-7:30 PM DAT Swim Team	5:30- 7:00PM GW Swim Team	6:30-7:45 Youth Swim Lessons		
	7:00-8:00 PM Water Aerobics		7:30-9:00PM GW Swim Team		7:00-8:00 PM Water Aerobics	8:00-9:00 Adult Swim Lessons
7:30-9:00PM GW Swim Team	8:00-8:45 PM Power Walk		8:00-9:00 Masters Swim Class			

**Adults must accompany their children under the age of 14 at all times.
Lap swim is for lap swimming only.**

*****SWIM TEAM MEETS Jan 9, 12, & 26 POOL CLOSED AT 4PM*****