DEFENSE, HUSTLE, & HEART!

JOIN US FOR BASKETBALL CAMP
Registration Opens March 23rd
Camp Dates June 13–17 & July 25 – 29
Ages 9–13 Limited Space Available!
Sign up NOW!
Join us for a week of nothing but hard work & basketball. This camp will include everything from fundamentals to building basketball IQ. Participants will also be put through the Basketball Boot Camp to help build Strength and Conditioning. Your camper will also learn the importance of communication on the court. Lunch will be provided!

Strength & Conditioning
Plays a vital role in the physicality of this sport. We will begin and end each day with hard work.

Overview
• Cost $125 for Members; $250 for Non-Members per camp
• Drop off time 7:45am; Pick up time 5:00pm
• Five intense days of specific areas focus
• Campers will be fed a Lunch and afternoon snack

FOR MORE INFO PLEASE CONTACT SPORTS & WELLNESS DIRECTOR AT GREGORY.HAIRSTON@YMCADANVILLE.ORG